

TROOP 121 MEAL PLANNING WORKSHEET

Patrol Name: _____ Campout: _____ Date: _____

Use the following Menu Planning Guides to plan your menus:
 For each item, include the serving size. That might be two bagels, three eggs, 1 oz Cream cheese, one apple, etc. It is important to have servings so that the correct amount of food is purchased for the patrol

	Soup / Salad	Main Course	Bread / Grain	Vegetable	Drink	Dessert
Friday Night Or Cracker Barrel						
	Bread/ Grain	Main Course	Dairy	Fruit	Drink	Dessert
Saturday Breakfast						
		Main Course	Vegetable	Fruit	Drink	Dessert
Saturday Lunch						
	Soup / Salad	Main Course	Bread / Grain	Vegetable	Drink	Dessert
Saturday Dinner						
	Bread/ Grain	Main Course	Dairy	Fruit	Drink	Dessert
Sunday Breakfast						

All menus MUST be approved by an Assistant Scoutmaster or the Scoutmaster.

Approved by: _____ Date: _____